

PRESENTATION OF TRAINING PROJECTS

by **Companhia de Dança de Almada**

| PORTUGAL |

14TH OF OCTOBER | SATURDAY | 5:00 P.M.
 CINE-TEATRO ACADEMIA ALMADENSE

Duration: 45'

For ages 4 years and above

This presentation is the result of several processes of individual and collective work that, beyond the overcoming the self, provides, through mutual acceptance, cooperation, involvement, communication and creativity, social space for spirituality, looking for future manifestations of collective social intervention. The activity of dance, transcends a mere physical exercise and constitutes an instrument of socialization, as a shared language of externalization of feelings, ideas and emotions.

Rita Judas



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100 MEDOS

Choreography: Susana Rosendo (orientation)

Performance: children from Centro Social Padre Ricardo Gameiro, venue Bairro N. Sr^a da Piedade | O Berço

Work developed during a week of workshops in creative dance, where the intent was to encourage children to discover their bodies, providing a space for the free exploration of creative movement, resorting to real and imaginary stimuli, creating moments of sharing and interaction with their peers, through a theme related to overcoming fear.

ZECA

Choreography: Rita Judas (orientation)

Performance: children from Centro Juvenil Padre Amadeu Pinto

Music: José Afonso

At the invitation of Companhia de Dança de Almada, children from Centro Juvenil Padre Amadeu Pinto in Monte de Caparica once again had the opportunity to participate in a creative and choreographic process to be presented to the public, with the objective of promoting, through dance, social integration, interpersonal relationships, autonomy, critical ability, person-

al interpretation, imagination and the attribution of meaning. This project took place between May and October 2017. The musical choice for this choreography was the children's own suggestion.

O MAR DOS MEUS OLHOS

Choreography: Susana Rosendo (orientation)

Performance: Dance and Movement for senior citizens class from Ca.DA Escola

Music: Rodrigo Leão, Dulce Pontes

Sound: José Pacheco

This presentation is the result of a few months of regular work with senior students. The theme came from the exchange of experiences between these students. Living near the sea, they all have pictures, stories and songs with a personal meaning. Memories that will symbolically launch the "Audience Sea", leaving them forever in everyone's imagination.

*Sea that sees me grow and play,
 Sea that feeds and sustains me,
 Sea that takes me and brings me,
 The sea...*

Take my message!
 (Collective text)

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SUSANA ROSENDO has a degree in Child Education from the Jean Piaget Institute of Almada, where she completed additional training courses including that of Supervisor of Summer Schools, (2001). She began her Classical dance training at age 5 under the Royal method achieving 5th grade. At 10 years she joined the Escola de Dança do Conservatório Nacional de Lisboa, completing up to the 3rd year. In 1993 she began studying with Maria Franco, under who she continues her classical training. She also takes part in various dance workshops. Since 2007 she studied contemporary dance under Maria José Bernardino, having also worked with choreographer Daniela Andana. As a dancer she's taken part in co-productions of children's ballets by Companhia de Dança de Almada, including "O sonho da Princesa Clarice", "O Mistério da Floresta", and "A Cidade que era cinzenta". Since 2001 Susana has worked in Creative Dance for different ages, in Ca.DA Escola. Since 2004 she's supervised the Body Expression workshops for children during the festival Quinzena de Dança de Almada and also with Palco Singular and Casa da Dança. During the 2008/09 school year she was part of Instituto Piaget's children and juvenile songbook project as a supervisor in the poetry workshops. She's been a supervisor in summer camps since 2001 and an entertainer in parties and infant events with various entities. Susana has worked as a pre-school teacher in various schools since 2002 and since 2009 with Centro ABC Real Portugal with autistic children.

RITA JUDAS studied at Escola de Dança do Conservatório Nacional and Escola Superior de Dança. In 1987 she began her career as a dancer in UPE Dança with choreographer Vasco Wallenkamp. She was a dancer and choreographer at the Companhia Portuguesa de Bailado Contemporâneo, (1998-2007), being responsible for their educational program between 2001 and 2006. As a dancer and co-choreographer she participated in the Companhia CIM project, in collaboration with Associação VO'Arte and Associação Portuguesa de Paralisia Cerebral. She took part in the BY-PASS project, (workshop of architecture in connection with body movement), under the orientation of Rui Horta in Portugal and Germany. She was an instructor in Movimento Criativo e Dança Contemporânea in the creation project at the Centro de Experimentação Artística do Vale da Amoreira. She's currently an instructor at the Centro Juvenil do Monte da Caparica and a teacher in primary and dance schools.