

# ONE

## INTERNATIONAL PLATFORM FOR CHOREOGRAPHERS

### PROGRAMME 1

19<sup>TH</sup> OF OCTOBER | THURSDAY | 9:30 P.M.  
TEATRO MUNICIPAL JOAQUIM BENITE  
| EXPERIMENTAL ROOM |

Duration: 95'  
For ages 12 years and above

#### RELEASE ME, NOT

BARTEK WOSZCZYNSKI | POLAND |

**Choreography:** Bartek Woszczyński

**Performance:** Artur Grabarczyk, Olivia Roach

**Music:** ATMO (Giulio Donati, Simone Donati)

**Lighting design:** Joahua Harriette

**“Release me, not”** explores Stockholm syndrome, a psychological phenomenon, in which a hostage expresses positive feelings towards the captor.

The piece focuses mostly on the relationship between the performers - the psychopathic aggressor and his fragile victim. It confronts those two opposite worlds and challenges each of them.

The piece shows a structure of becoming addicted to someone, (or something) and tries to understand the very complex mechanisms of the Stockholm syndrome.

It broadens the usual definition of the syndrome and is also an artistic metaphor for the relationship between an addict and the addiction giving the audience space for their own interpretation. The movement language of the piece blends between contemporary dance, dance theatre and neoclassical dance.



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**BARTEK WOSZCZYNSKI** is a choreographer and performer who also works in the field of theatre and filmmaking. A graduate of Rambert School in London who believes that dance is the most honest way of expression. Bartek started dancing in FTN LUZ, a company based in his hometown - Siedlce. After dancing extensively in many countries and working with different choreographers, he decided to start creating his own work and working on various projects as a freelance artist. He has created a number of works that were performed in countries like the UK, Poland, Japan, USA, Canada, Bulgaria and Belarus. Bartek has also created works for several companies including Alternatywny Teatr Tanca LUZ and Warsaw Ballet and worked on many film productions worldwide.



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### FADE

FRONTIER DANCELAND | SINGAPORE |

**Choreography:** Low Mei Yoke

**Performance:** Adele Goh, Faye Tan, Joy Wang

**Music:** Ho Wen Yang

**Lighting design:** Gabriel Chan

One – May you receive happiness,  
 Two – May you enjoy longevity,  
 Three – May you constantly be calm,  
 Four – May you have peace,  
 Five – May your heart be at ease,  
 Six – May you receive sisterly love,  
 Seven – May you have good luck,  
 Eight – May you be safe always.



**LOW MEI YOKE** is the co-founder of Frontier Danceland and is presently the artistic director and choreographer of the company.

Under her direction, Frontier Danceland gained professional status in 2011. With a unique style that fuses Eastern dance aesthetics with Western dance movements, Low's choreography focuses on honest portrayals of human emotions, zeal and relentless drive.

Her works are contemplative, evoking reflection and introspection, and are celebrated for being bold, imaginative and thought-provoking.

She also enjoys creating works that represent Singapore's vibrant and diverse society.

Founded in 1991 by Low Mei Yoke and Tan Chong Poh, **FRONTIER DANCELAND** is a contemporary dance repertory company in Singapore that became full-fledged in 2011. It has worked with both local and international dance-artists from various backgrounds, including Noa Zuk, Ohad Fishof and Shahr Biniamini from Israel, Stephanie Lake, Gabrielle Nankivell and Luke Smiles from Australia, Sita Ostheimer from Germany, Olé Khamchanla from France/Laos, Liu Yen-Cheng from Taiwan, and Matej Kejzar from Belgium/Slovenia. Throughout the years, Frontier Danceland has also represented Singapore internationally, including three sold-out shows at Batsheva Dance Company in Tel Aviv, Israel, in May 2016.

Our vision is to be a versatile contemporary dance company in Singapore that is committed to inspire our audiences with a dynamic range of contemporary dance works, contributing to a greater appreciation of the art form. We do this by creating opportunities for Singaporean and international dance artists to create and present diverse, experimental and accessible dance works with our team of professional dancers.

INTERMISSION



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### AURA

AINA LANAS AND JULIEN ROSSIN | SPAIN |

**Choreography and performance:** Aina Lanas and Julien Rossin

**Music:** fkj/ Pulmon / Moontrick

**Lighting design:** Yugen

Inspired by the Nippon culture, its spirituality, discipline and respect for the concept of 'own space' and 'public space'.

Shocked by the clash between super-technology and humanity we start thinking about the 'AURA', a mix of the physical, ethereal and emotional bodies around us. How this invisible oval can be affected or changed when we are surrounded by a modern society full of new electromagnetic waves, patterns, and other bodies.

Julien and Aina started working together in 2015 for Cirque du Soleil in a Project based in Ibiza called 'Heart'. There they realised they had common artistic interests and a good connection so they decided to start training together and develop some ideas.

After the contract with Cirque du Soleil finished they travelled to Japan to train in urban dances and were invited to present a piece in HEAT UP, a famous festival in Tokyo celebrated every month.

There the first sketch of "Aura" was born and received good feedback from the Japanese audience. That was the push needed to create the final piece. Lately and now back in Spain, "Aura" has been invited to private events around Catalunya thanks to the DELTEBRE DANSA organisation that promoted it.



©Juan Carlos Gomez

**AINA LANAS**, dancer, choreographer and co-founder of D'Block Company and YÛGEN. Her latest project was Heart Ibiza with Cirque du Soleil as a dancer, performer and muse. She is currently part of the "Gatsby Barcelona" dance cast and is a choreographer for BCN Science and Spanish soul artist IZAH.

**JULIEN ROSSIN**, dancer and choreographer from France, (Marseille), graduated in urban dance and physical and contemporary theatre. Defines his style as "experimental". During 2015 and 2016 he worked as a dancer and performer in the "Heart Ibiza" project for Cirque du Soleil and other artistic projects in Europe. He participated in the "Rizoma" project by Sharon Freedman and created his own festival project in Marseille.



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### KAROV

EFRAT RUBIN | ISRAEL |

**Choreography:** Efrat Rubin

**Performance:** Adi Weinberg, Noah Shiloh, Shani Tamari, Omer Uziel

**Music:** Jonathan Albalak

**Lighting design:** Uri Rubinstein

The dance converts childhood memories into movements. The work emphasizes the tension between frozen images as repressed actions to an emotional outburst.

Premiere was at the Curtain Up festival 2013, in Tel Aviv.



Born in 1977, choreographer, dancer and interdisciplinary artist, **EFRAT RUBIN** won the Ministry of Culture Award for her work as a choreographer in 2014, Israel. She danced and specialized in choreography at P.A.R.T.S in Brussels, studio of the Belgian company ROSAS. A graduate of Bezalel Academy of Arts and Design, Jerusalem, in the department of Visual Communication Studies. She holds a bachelor's degree in Design. Graduate of Thelma Yellin High School of the Arts and honoured as Outstanding Dancer by the IDF, she worked independently for the past twelve years as a choreographer, film director and performer in different festivals, in various formats, such as: Lublin Dance Theater festival, Sum Sum Performance, Shades of Dance, (Gvanim B'machol), Total Dance, (Machol Shalem), Dance Arena, (Zirat Machol), Other Dance, (Machol Acher), Hot Dance, (Machol Lohet), Intimadance, Curtain Up, (Haramat Masach), International Exposure Israel, (Hasifa Ben Leumit), The Voice of The World, (Kola Shel Hamila) and more. Her works have been characterized by their integration of dance with a variety of different art disciplines. Lecturer in Contemporary Dance within the Inter-departmental unit at Bezalel Academy and the Dance and Music Academy in Jerusalem. Lecturer at the Cinema South Festival Isreal, along with Osi Wald, as part of a workshop combining dance and animation. She worked in collaboration with the artists Anat Shamgar, Baruch Brener, Osi Wald, Michal Meier, Dana Levy, Yonatan Albalak and Deganit Shemi.

Her Videodance film, "Day", created together with Osi Wald has been presented at numerous festivals around the world. She was a video artist in a video installation choreographed by Deganit Shemi called: "Arena".